



| Tider | Mandag | | | | Tysdag | | | | Onsdag | | | | Torsdag | | | | Fredag | | | | Tider |
|-------------|------------------------------|---|---|---|--------------------------------|------------|---|---|-------------------------------|---|---|---|--------------------------|---|---|---|----------------------------------|---|---|---|-------------|
| Sal | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | Sal |
| 15:00-16:00 | | | | | | | | | | | | | | | | | | | | | 15:00-16:00 |
| | | | | | | | | | | | | | | | | | | | | | |
| 16:00-17:00 | BIL HB J14-1 / J16 | | | | BIL HB J12-1/J14-2-3 | | | | BIL HB J14-1 / J16 | | | | BIL HB J12-1 | | | | BIL HB J14-1/J16 | | | | 16:00-17:00 |
| 17:00-18:00 | BIL HB G14 | | | | BIL HB J10-1-2 | | | | BIL HB Minihandball | | | | BIL HB J14-2-3 | | | | BIL HB J12/G12 | | | | 17:00-18:00 |
| 18:00-19:00 | BIL Friidrett | | | | BIL HB G10 | | | | BIL HB G12 | | | | BIL Friidrett | | | | BIL HB Damer | | | | 18:00-19:00 |
| 19:00-20:00 | BIL HB J12-3 | | | | 19.00 | BIL | | | BIL HB G14 | | | | BIL Friidrett | | | | BIL HB Damer 19.30 | | | | 19:00-20:00 |
| 20:00-21:00 | BIL HB Herre | | | | 20.30 | BIL | | | BIL HB H04 | | | | KRIK | | | | BIL 19.30 HB G16 21.00 | | | | 20:00-21:00 |
| 21:00-22:00 | Surprise | | | | 20.30 | BIL | | | BIL HB H04 | | | | Badminton | | | | Fritidsklubben 21.00-24.00 | | | | 21:00-22:00 |
| | | | | | 22.00 | HB | | | | | | | | | | | | | | | |

BIL = Bergsøy Idrettslag KRIK = Kristen Idrettskontakt Herøy

HB = Handball FB = Fotball FI = Friidrett

Mini: J/G-10: 1997/98 J/G-12: 1995/96 J/G-14: 1993/94 J/G-16: 1991/92

Tidene kan endrast , sjå www.bergsoy.no for info !!

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www.bergsoy.no